

## Chisholm Swim Academy Squad & Learn to Swim Program



**Chisholm**  
CATHOLIC COLLEGE

***Chisholm Catholic College is pleased to announce it is now offering a Learn to Swim and Swim Squad program based at the school. Swimmers do not need to be a student of Chisholm College to participate. The program is open to the community and all students are more than welcome to take part. If this interests you, please continue reading.***

Chisholm Catholic College has recently undertaken a review of how to make the best use of the state of the art 25m heated indoor swimming pool located on their Bedford campus. As a result, Chisholm College teamed up with Perth College and the Perth City Swimming Club and is now positioned to offer a full junior and development swimming program (up to 18 years of age). This includes a learn to swim and a squad program specifically tailored for competitive and non-competitive swimmers alike.

Members progressing through the Junior/Development squads at Chisholm then have a direct pathway to the senior programs offered by the Perth College Swim Academy. This program will replace the West Swim Learn to Swim program previously run by Swimming WA at this facility and will commence in Term 2, 2019.

### **Introductory Swim Squad Offer**

As an introductory offer, the first two months of a squad membership has been discounted. Participants that have moved beyond the Learn to Swim stages and are ready to improve their skills and fitness in a squad environment, can swim up to three times per week for the months of May and June for just \$150.

Squad Sessions are being offered on Tuesday and Thursday after School (4pm start) and Saturday morning (From 7am). The first regular squad session will commence on Tuesday 7 May 2019. Details of the session times and descriptions of the three different squads being offered are contained in the attached information sheet.

With the school swimming season coming to an end, this is an ideal opportunity to maintain and improve swimming fitness and skills over the winter months and into next year. Swimmers interested in a try out, are welcome to attend a try out session. The options for try outs are as follows:

- **Option 1** During the first week back at school there will be two special "Try Out Days" conducted on Thursday 2 May commencing at 4pm and Saturday 4 May commencing at 7am.
- **Option 2** Those not able to make the special try out day are welcome to attend one of the regular sessions on a Tuesday, Thursday or Saturday from 7 May onward.

Please e-mail [john.fielding@pc.wa.edu.au](mailto:john.fielding@pc.wa.edu.au) and advise if you are interested and would like to attend a try out.

During the try out participants will be assessed by one of the coaches. After the session they will be advised which is the most appropriate squad for them based on their current skills and fitness level. Participants wishing to continue will be invited to complete the enrolment form (last pages of the information sheet attached). Completed enrolment forms can be scanned or photographed and emailed to [john.fielding@pc.wa.edu.au](mailto:john.fielding@pc.wa.edu.au) . Alternatively, enrolment forms can be dropped into the front reception at Chisholm Catholic College.

## Chisholm Swim Academy Squad & Learn to Swim Program



**Chisholm**  
CATHOLIC COLLEGE

### Learn to Swim

The Chisholm Catholic College Swim Academy will also be offering a school term based Learn to Swim program in 2019. All sessions will be conducted in the indoor heated 25m pool located on the Chisholm College Campus in Bedford. (corner of May Street and Beaufort Street).

The main days will be on Monday afternoon and Saturday morning. There will also be limited sessions offered on Tuesday and Thursday afternoons commencing at 5.15pm, after the planned squad session has concluded.

Enrolment forms are now available for Term 2, 2019 (See information sheet attached). As they come in they will be date stamped, placed in priority order and an e-mail sent acknowledging it has been received. Every endeavour will be made to accommodate first preferences for time slots. However, depending on demand and availability not all stages will be offered at each time slot, and some degree of flexibility will be required.

If you are unsure of the stage please mark TBD on the form and the Learn to Swim Coordinator will contact you and discuss.

It is planned to send out final allocations and confirmation of time slots on or about 26 April. Lessons are due to start on the week commencing 6 May.

Completed enrolment forms can be scanned or photographed and emailed to the Learn to Swim Coordinator [Jasmine.Webber@pc.wa.edu.au](mailto:Jasmine.Webber@pc.wa.edu.au) . Alternatively, enrolment forms can be dropped into the front reception at Chisholm Catholic College.

Regards,

**Nic Italiano**

Director of Sport

Chisholm Catholic College

1 April 2019



## **CHISHOLM SWIM ACADEMY/ PERTH CITY SWIMMING CLUB**

### **PROGRAM OVERVIEW**

In 2019 Chisholm College explored a number of options to make the best use of the state of the art 25M heated indoor swimming pool located on their Bedford campus. As a result, Chisholm College teamed up with Perth College and the Perth City Swimming Club and is now positioned to offer a full junior and development swimming program (up to 18 years of age). This includes, a learn to swim and a squad program specifically tailored for competitive and non-competitive swimmers alike. Members progressing through the Junior and development squads then have a direct pathway to the senior program offered by the Perth College Swim Academy

The program is split into two distinct Pathways. The competitive pathway and the fitness pathway.

The pathway includes a highly regarded learn to swim program, a junior and development squad program consisting of 3 incremental squads. From there members can choose to follow either the competitive pathway or continue swimming for fitness.

The competitive pathway is specifically tailored to those swimmers that want to pursue goals in a competitive environment in both the pool and open water. There are staged squads that provide a distinct pathway from junior competitors all the way through to the elite competitor.

Information about the learn to swim and squad program including squad descriptions, schedules and fees is contained in this document. Once having read this document if you would like any further information or clarification please contact The Aquatics Business Manager [john.fielding@pc.wa.edu.au](mailto:john.fielding@pc.wa.edu.au) Mob 0417 187 579.

### **CLUB OVERVIEW**

**Perth City Swimming Club** was formed in July 2012 when City of Perth Swimming Club and Lawley Aquatic Swimming Club joined forces. This club has a rich heritage and is WA's oldest swimming club (the third oldest in Australia!).

The roots of the club go back to 1923 when the City of Perth Amateur Swimming and Lifesaving Club was founded. The club was originally located at the old Crawley Baths in the Swan River but moved to the Beatty Park Aquatic Centre following its construction for the 1962 Empire (Commonwealth) Games.

From its outset, City of Perth was highly competitive and was regarded as one of the most successful swimming clubs in Perth (in the pool, river and surf). The Club's history is rich with Olympic and World Championship athletes, the list reading like a "who's who" of Western Australian swimming. This history of success has been maintained under the current leadership of the coaching staff at Perth City Swimming Club and is showing no signs of slowing!

The Chisholm College Swim Academy and the Perth College Swim Academy are the sole training providers for the Perth City Swimming Club.

To find out more about the club you are welcome to visit their Web Site <http://perthcity.org.au/>



**WHERE DO I FIT**

Chisholm College Swim Academy aims to ensure an open and clear pathway for all levels. The pathway depicted below is a ready reference to identify where individuals fit and where they are headed.

**Athlete Pathway to success**

The pathway has been streamlined to cater for all personal goals of the swimmers.

**Development Pathway**



**Competitive Pathway**



**Fitness Pathway**



<b>Competitive pathway</b>	<b>Fitness pathway</b>
For the athlete that has a desire to pursue the sport of swimming as their chosen sport	For the swimmer that wants to maintain a general fitness in the sport of swimming, has other aquatic interests where swimming is required (e.g. water polo, surf) , uses swimming
Development of advanced technique and swimming skills	To compliment other sporting interests (fitness, injury prevention) or loves the water
Specific squad based training program	Development of technique
Membership to Perth City is expected	Membership to Perth City is optional but encouraged

**\*\* Note the Blue, Red Open and Adult Fit Squads are managed by the Perth College Swim Academy and the training venue for these squads are primarily at Perth College and Beatty Park Leisure Centre**

# Chisholm Swim Academy

## Learn to Swim and Squad Program (2019)



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### 2019 LEARN TO SWIM & SQUAD SCHEDULE

Learn to Swim	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Learn to Swim
	4.00 – 6.00 PM	5.15 – 6.15 PM		5.15 – 6.15 PM		8.30 - 11.30 AM	
Jets	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Jets
		4.00 – 5.00 PM		4.00 – 5.15 PM		7.00- 8.00 AM	
Comets	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Comets
		4.00 – 5.15 PM		4.00 – 5.15 PM		7.00 - 8.15 AM	
Chisholm Development	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Chisholm Development
		4.00 – 5.30 PM		4.00 – 5.30 PM		7.00 - 8.30 AM	
BLUE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	BLUE
	AS Per Perth College Swim Academy Schedule						
RED	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	RED
	AS Per Perth College Swim Academy Schedule						
OPEN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	OPEN
	AS Per Perth College Swim Academy Schedule						
AdultFIT	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	AdultFIT
	AS Per Perth College Swim Academy Schedule						

\*\* Please note the Chisholm College Swim Academy offers a full Junior and Development program in the indoor 25M heated pool based at Chisholm College in Bedford.

\*\* The program is open to the community and non – Chisholm College students are welcome and encouraged to join the program.

Swimmers reaching the age of around 13 that wish to pursue a competitive swimming pathway (i.e. Blue, Red, Open) will be encouraged to join the squad program based at Perth College/Beatty Park. Swimmers who wish to pursue the fitness pathway with their goal being to participate in school swimming can remain with the Chisholm Development Squad until the end of year 12.

#### Development Pathway: (Jets, Comets, Development) Strength and Conditioning

To compliment their swimming, athletes in the development squads are encouraged to engage in warm up muscle activation exercises prior to each swimming session. In addition, they are encouraged to partake in other forms of physical activity and age appropriate sports that involve running, jumping and coordination skills. (EG: netball, footy, hockey, gymnastics etc.). Diversity is encouraged and commitment to other sports is supported.



## Learn to Swim Structure

**Chisholm College Swim Academy** (In conjunction with the Perth College Swim Academy) is a community based after school swimming program that operates out of the on-site 25M indoor heated swimming pool in Bedford. The program is open to Chisholm/Perth College Students and members of the general public. It includes a comprehensive Learn to Swim program where group and private lessons are offered all year around. It provides the basis for water awareness, water confidence, basic stroke introduction and skill development

### Stages Offered:

Lessons	Stages 0 – 6
Junior/Mini Squad	Stages 7, 8 & 9

### Location

Chisholm College indoor Heated Swimming Pool.  
(Corner of May Street and Beaufort Street, Bedford)

### Private lesson details

- Lessons are 30 minutes each and will be one-on-one.
- Stage 0 & 1 is a compulsory one-on-one private lesson.

### Group Lesson details

- All lessons will be groups with a maximum of 6 per class. Lessons are 35 minutes.
- Junior Mini Squad will be larger groups of up to 12 per class. Sessions are 45 minutes.

### Session Times (\*\* Session days/times may be varied subject to demand)

- Monday 4.00PM to 6.00PM
- Tuesday 5.15PM to 6.15PM
- Thursday 5.15PM to 6.15PM
- Saturday 8.30AM to 11.30 AM
- Where possible preferred sessions times will be accommodated but not guaranteed. Some flexibility will be required subject to availability

### 2019 Time Table

- **Term 2** – Commencing Tue 6<sup>th</sup> May to Saturday 6<sup>th</sup> July (9 Weeks)
- **Term 3** - Commencing Tue 30<sup>th</sup> July to Saturday 28<sup>th</sup> September (9 Weeks)
- **Term 4** - Commencing Tue 15<sup>th</sup> Oct to Saturday 14<sup>th</sup> December (9 Weeks)

### Charges – Per Term

Group Lessons	<b>\$170 for 9 group lessons</b>
Private Lessons	<b>\$280 for 9 private lessons.</b>
Junior Mini Squad	<b>\$190 for 9 group sessions</b>

### Enrolments

- Please complete enrolment form (At the end of this information sheet)
- Mid-term enrolments will be accepted subject to availability. Fees will be calculated on a pro rata basis for mid-term enrolments.



## Squad Structure

**(All Junior and Development Squads will operate out of the Chisholm Pool)**

Squad	Description	Criteria
<b>JETS</b>	<p>An introduction to squad training. An emphasis on stroke technique – learning drills and skills within a friendly and encouraging environment. Equivalent to Stage 5/6</p> <p>Aimed at Junior Athletes that have progressed from Learn to swim and are interested in swimming in a squad environment with a view to improve swimming skills, fitness and to have fun.</p>	<ul style="list-style-type: none"> <li>• Able to demonstrate freestyle, breaststroke and backstroke.</li> <li>• Have confidence in deep water.</li> <li>• Able to swim a minimum of 25m in freestyle.</li> <li>• Target Age 8 -10</li> <li>• Club Membership welcomed but not a requirement</li> <li>• Sessions expected to attend 1 to 3 (depending on personal goals)</li> <li>• Session Duration. - 1 Hr</li> <li>• Sessions Offered p/week: 3</li> </ul>
<b>COMETS</b>	<p>An opportunity for swimmers to enhance technique, improve cardiovascular fitness and become familiar with competitive swimming. For swimmers who enjoy swimming as a sport. This group aims to develop sound technique.</p> <p>Aimed at Junior Athletes that are interested in swimming with a view to further improve swimming skills, fitness and to have fun.</p>	<ul style="list-style-type: none"> <li>• Perform all four strokes with sound technique</li> <li>• Understand sets in swimming</li> <li>• Encouraged to have own swim bag – fins and kick board.</li> <li>• Target Age 9 -12</li> <li>• Club Membership welcomed but not a requirement</li> <li>• Sessions expected to attend 1 to 3 (depending on personal goals)</li> <li>• Session Duration. - 1.25 Hrs</li> <li>• Sessions Offered p/week: 3</li> </ul>
<b>CHISHOLM DEVELOPMENT</b>	<p>For swimmers who have selected swimming as one of their sports. This group caters for a range of individual goals – which includes competitive swimming, fitness, triathlons, water polo or surf.</p> <p>Swimmers in this Squad that are considering competitive swimming, will be encouraged to join the club.</p> <p>This squad is ideal for athletes that enjoy the squad environment and swimming as their fitness option with their goal being to swim for the school team.</p>	<ul style="list-style-type: none"> <li>• Perform all four strokes with sound technique</li> <li>• Complete 8 x 50m working on a designated time</li> <li>• Have their own swim bag – fins and kick board y</li> <li>• Target Age 12 - 18</li> <li>• Club Membership encouraged</li> <li>• Sessions expected to attend - 1 to 3 (depending on personal goals)</li> <li>• Session Duration. - 1.5 Hrs</li> <li>• Sessions Offered p/week: 3</li> </ul>

## Fitness Pathway Squads (Offered by the Perth College Swim Academy)

<b>AdultFIT</b>	<p>This squad provides opportunities for swimmers who may be either competitive or non-competitive. The competitive athletes are engaged at either a State, National or International level in a variety of aquatic disciplines and formats. The training program is designed around key groups and the ability of athletes in this group can be quite high! with the capacity to support athletes of varying standards and ability. Swimmers in this group often have personal swimming goals to achieve (i.e. Rottnest swim, compete in triathlons etc.</p>	<ul style="list-style-type: none"> <li>• Able to demonstrate freestyle, breaststroke and backstroke</li> <li>• Have confidence in deep water</li> <li>• Target Age 18 +</li> <li>• Club Membership welcomed but not a requirement</li> <li>• Sessions expected to attend 1 to 3 (depending on personal goals)</li> <li>• Session Duration. – 1.5</li> <li>• Sessions Offered p/week: 4</li> </ul>
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**Competitive Pathway Squads (Offered by the Perth College Swim Academy)**

<b>BLUE</b>	<p>This squad is focused on swimmers who have chosen the competitive pathway who wish to continue their learning of advanced stroke technique.</p> <p>Athletes in this squad are focused on achieving State Qualifying times and representing the Club at State Pool Champs and the local Open Water Series</p> <p>This squad will be made up of committed juniors (11-12yrs) and Age Group (13-18yrs) swimmers who</p> <ul style="list-style-type: none"> <li>○ are aiming to transition in to Red squad,</li> <li>or</li> <li>○ have a passion for swimming and competing at the State Pool Championships and the Local Open Water series events</li> </ul>	<ul style="list-style-type: none"> <li>• Adhere to an athlete commitment code</li> <li>• Use the clock for sets</li> <li>• Complete sets like: 8 x100; 3 x 400</li> <li>• Required to have swim bag – fins, kick board, pull buoy, paddles and band</li> <li>• Target Age 11 to 18</li> <li>• Club Membership is expected -</li> <li>• Sessions expected 3 to 7 (depending on personal goals)</li> <li>• Session Duration. 1.5 to 2 Hours</li> <li>• Sessions Offered p/week: 8</li> </ul>
<b>RED</b>	<p>For athletes who are currently at State Championship level and/or within 5% of a National Age Qualifying Time. Athletes in this squad may range in their overall ability however all are aiming (and committing) to compete at a national level in their chosen aquatic discipline. Athletes who compete in aquatic-based sports at a National level may also be part of this group. There are many opportunities targeted at both the individual and the group. Occasionally, athletes from regional, inter-state or overseas may join this group for periods at a time..</p>	<ul style="list-style-type: none"> <li>• Adhere to an athlete commitment code</li> <li>• Required to have swim bag – fins, kick board, pull buoy, paddles and band</li> <li>• Target Age 13 +</li> <li>• Club Membership is expected</li> <li>• Sessions expected 6 to 8 p/week (as determined by individual plan)</li> <li>• Session Duration. 2 Hours</li> <li>• Sessions Offered p/week: 8</li> </ul>
<b>Elite Swim Sports</b>	<p>This squad is for athletes who currently compete at a National or International level in their chosen sport (aquatic associated sport) and wish to train alongside like-minded elite swimmers. Athletes in this group are targeting World or Olympic selection. The available schedule for these athletes is Monday-Saturday (AM only) and a relative standard of ability is required.</p>	<ul style="list-style-type: none"> <li>• Target Age 18 +</li> <li>• Club Membership welcomed but not a requirement</li> <li>• Sessions as per individual plan (AM Sessions Only)</li> <li>• Session Duration. 2 Hours</li> <li>• Sessions Offered p/week: 6</li> </ul>
<b>OPEN</b>	<p>This squad is for athletes who currently compete at a National level with a view of competing at an International level within a given time frame. Athletes in this squad will range in ability however a minimum standard of trainability should be expected. This group is individually focussed more than any other and not all opportunities will be available to all members. This group will often spend time apart while individuals and the coach fulfil international obligations. Occasionally, visiting athletes or teams of an international standard may join this group for periods at a time.</p>	<ul style="list-style-type: none"> <li>• Adhere to an athlete commitment code</li> <li>• Required to have swim bag – fins, kick board, pull buoy, paddles and band</li> <li>• Target Age 18 + (Age group swimmers 15+ will only be considered if they have the ability and/or aptitude to make Open National Qualifying Times and it is deemed in the best interest of the athlete to participate in this squad)</li> <li>• Club Membership is expected</li> <li>• Sessions expected 7 to 9 sessions p/week (as determined by individual plan)</li> <li>• Session Duration. 2 to 2.5 Hours</li> <li>• Sessions Offered p/week: 9</li> </ul>

# Chisholm Swim Academy

## Learn to Swim and Squad Program (2019)



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### Squad Coaches

The Chisholm College Swim Academy is committed to providing quality swimming instruction and a pathway from learn to swim to the elite level athlete. The program boasts a number of quality coaches. They all work under a structured program to ensure that squad members get the quality start they need to cultivate the skills required for a lifelong involvement in the sport of swimming.

### Fee Schedule

Squad	Special Introductory Offer May/June 2019	Quarterly Jul/Aug/Sep 2019	Annual 10% Discount Oct 2019 to Sep 2020	Bi Annual 5% Discount Oct 2019 to May 2020 Apr 2020 to Sep 2020	Quarterly Oct/Nov/Dec 2019 Jan/Feb/Mar 2020 Apr/May/Jun 2020 Jul/Aug/Sep 2020	Casual Jul/Aug/Sep 2019	Casual Oct/Nov/Dec 2019 Jan/Feb/Mar 2020 Apr/May/Jun 2020 Jul/Aug/Sep 2020
<b>JETS</b>	2nd May to 29th June 2019 <b>\$150</b> Jets, Comets, Development <b>Up to 3 sessions per week</b>	<b>\$265</b> <i>Chis Student \$240</i>	<b>\$1,000</b> <i>Chis Student \$900</i>	<b>\$530</b> <i>Chis Student \$480</i>	<b>\$280</b> <i>Chis Student \$250</i>	<b>\$190 per Quarter</b> <i>1 session per week</i>	<b>\$200 per Quarter</b> <i>1 session per week</i>
<b>COMETS</b>	During this 9 week block participants will be offered a <b>FREE TRY OUT</b> . During the tryout they will be assessed and placed into squads appropriate to level and ability. At the end of this period participants electing to continue in the squad program will pay the standard fees as outlined	<b>\$280</b> <i>Chis Student \$255</i>	<b>\$1060</b> <i>Chis Student \$955</i>	<b>\$560</b> <i>Chis Student \$505</i>	<b>\$295</b> <i>Chis Student \$265</i>	<b>\$200 per Quarter</b> <i>1 session per week</i>	<b>\$210 per Quarter</b> <i>1 session per week</i>
<b>CHISHOLM DEVELOPMENT</b>	During this 9 week block participants will be offered a <b>FREE TRY OUT</b> . During the tryout they will be assessed and placed into squads appropriate to level and ability. At the end of this period participants electing to continue in the squad program will pay the standard fees as outlined	<b>\$310</b> <i>Chis Student \$280</i>	<b>\$1,210</b> <i>Chis Student \$1090</i>	<b>\$640</b> <i>Chis Student \$575</i>	<b>\$320</b> <i>Chis Student \$290</i>	<b>\$210 per Quarter</b> <i>1 session per week</i>	<b>\$220 per Quarter</b> <i>1 session per week</i>
						<b>Monthly</b>	<b>Casual</b>
<b>BLUE</b>		<b>\$400</b> <i>Chis Student \$360</i>	<b>\$1,525</b> <i>Chis Student \$1,370</i>	<b>\$805</b> <i>Chis Student \$725</i>	<b>\$425</b> <i>Chis Student \$380</i>	<b>N/A</b>	<b>N/A</b>
<b>RED</b>		<b>\$490</b> <i>Chis Student \$445</i>	<b>\$1,855</b> <i>Chis Student \$1,670</i>	<b>\$980</b> <i>Chis Student \$880</i>	<b>\$515</b> <i>Chis Student \$465</i>	<b>N/A</b>	<b>N/A</b>
<b>OPEN</b>		<b>\$565</b> <i>Chis Student \$505</i>	<b>\$2,125</b> <i>Chis Student \$1,910</i>	<b>\$1,120</b> <i>Chis Student \$1,010</i>	<b>\$590</b> <i>Chis Student \$535</i>	<b>N/A</b>	<b>N/A</b>
<b>AdultFIT</b>		<b>\$265</b>	<b>\$1,000</b>	<b>\$530</b>	<b>\$280</b>	<b>\$100</b>	<b>\$15 per session</b>



<b>Squad Fee Information</b>	
<b>Annual Conditions</b>	<ul style="list-style-type: none"> <li>▪ October 1<sup>st</sup> 20XX to September 30<sup>th</sup> 20XX</li> <li>▪ This option is only available for the period commencing October 1<sup>st</sup> 20XX.</li> <li>▪ A discount of 10% will be applied to this option</li> </ul>
<b>Biannual Conditions</b>	<ul style="list-style-type: none"> <li>▪ October 1<sup>st</sup> 20XX to March 31<sup>st</sup> 20XX</li> <li>▪ April 1<sup>st</sup> 20XX to September 30<sup>th</sup> 20XX</li> <li>▪ This option is only available for the period commencing October 1<sup>st</sup> 20XX and April 1<sup>st</sup> 20XX.</li> <li>▪ A discount of 5% will be applied to this option</li> </ul>
<b>Quarterly Conditions</b>	<ul style="list-style-type: none"> <li>▪ October 1<sup>st</sup> 20XX to December 31<sup>st</sup> 20XX</li> <li>▪ January 1<sup>st</sup> 20XX to March 31<sup>st</sup> 20XX</li> <li>▪ April 1<sup>st</sup> 20XX to June 30<sup>th</sup> 20XX</li> <li>▪ July 1<sup>st</sup> 20XX to September 30<sup>th</sup> 20XX</li> <li>▪ This is deemed the standard rate and used for calculating pro rate payments for new members</li> </ul>
<b>Monthly Conditions</b>	<ul style="list-style-type: none"> <li>▪ The option to pay monthly is only available to the Adult FIT Squad)</li> </ul>
<b>Casual</b>	<ul style="list-style-type: none"> <li>▪ A casual option has been made available to the Jets, Comets and Chisholm Development Squad's only. The intention of this option is to allow new members the opportunity to try out the program whilst recognising they have other competing interests.</li> <li>▪ A casual membership allows the athlete to attend a session once per week during a quarter (i.e. 12-13 sessions per quarter = once per week).</li> <li>▪ Unused/missed sessions can be made up with extra sessions during the current quarter. However, any unused sessions at the end of each quarter are forfeited and do not carry over to the next quarter.</li> <li>▪ A casual membership needs to be renewed each quarter or can be upgraded to the appropriate full squad membership.</li> </ul>
<b>Casual Sessions</b>	<ul style="list-style-type: none"> <li>▪ The option to attend a session on a casual basis is only available to the Adult FIT Squad</li> <li>▪ The designated casual fee should be paid directly to the coach on the day of attendance in a clearly marked envelope.</li> </ul>
<b>Large Family Discount</b>	<ul style="list-style-type: none"> <li>▪ A further 5% discount will be offered to the 3<sup>rd</sup> and subsequent members of the same family from whatever option they choose. (i.e. the first two family members attracting the higher squad fee will be charged at the standard rate and the third and subsequent members will have the 5% discount applied to their fees)</li> </ul>
<b>Development Squads</b>	<ul style="list-style-type: none"> <li>▪ All development squads have a maximum number of members assigned to it.</li> <li>▪ Should a squad become full, new prospective members will be placed on a wait list.</li> <li>▪ If a development squad is deemed to be full and an existing squads member elect to postpone their membership for a period of time a spot back in the squad cannot be guaranteed as it may be filled by another person.</li> </ul>
<b>Competitive Squads</b>	<ul style="list-style-type: none"> <li>▪ Swimmers that hold a position in the Green, Blue, Red and Open squads are required to continually pay fees (12 months of the year) to maintain their spot in the squad.</li> <li>▪ Should a competitive squad swimmer elect to take a break and cease on-going payments then their spot in the squad may be forfeited.</li> <li>▪ Any breaks need to be negotiated with the respective Coach.</li> </ul>

# Chisholm Swim Academy

## Learn to Swim and Squad Program

(2019)



**Chisholm**  
CATHOLIC COLLEGE



<p><b>Payments</b></p>	<ul style="list-style-type: none"> <li>▪ Payments are to be made in advance and are due on the 1st day of the payment option elected.</li> <li>▪ The payment made will secure your position in the squad for the period of time you have elected.</li> <li>▪ Most squads will have an end of season break and a break over Christmas or another holiday period (Approximately 4 weeks per year). These breaks have been factored into the fee schedule and no discount applies when these periods are taken.</li> <li>▪ Should a member elect to take additional time off such as for holidays, study or work then this needs to be negotiated with the squad coach. However please note there will be no reduction in the squad fee as your position in the squad will be held open for you during your absence.</li> <li>▪ Credits for periods of absence due to serious illness/injury (More than two weeks) will be considered upon production of a medical certificate.</li> <li>▪ Credits for missed weeks due to serious illness/injury need to be made in writing to the Aquatics business Manager Perth College and if approved will be deducted from the next account due. No refunds will be made</li> <li>▪ Please select your payment option carefully. If you elect to transfer to another Squad program or retire during a period that has been prepaid no refunds will be made.</li> </ul>
<p><b>Chisholm College Students</b></p>	<ul style="list-style-type: none"> <li>▪ Chisholm College Students are entitled to a further 10% discount off Swim Squad Annual, Biannual or Quarterly fees (Does not apply to Learn to swim)</li> </ul>
<p><b>Calculating Fees</b></p>	<ul style="list-style-type: none"> <li>▪ The squad that the member is allocated to on the first day of the payment period is what is used to calculate the fee.</li> <li>▪ Should a member move squads during a period for which they have already paid no additional fee or reduction will be applied until the next payment is due.</li> </ul>
<p><b>New members</b></p>	<p>To calculate part of a quarterly payment, divide quarterly payment by 12 (estimated at 12 weeks per quarter) and multiply by the number of weeks remaining in the quarter.</p>
<p><b>Credit card Payment Option</b></p>	<p>Credit card details need to be submitted on the enrolment form. Please update details as required.</p>
<p><b>Electronic Funds Transfer (EFT) Direct Deposit Payment Option</b></p>	<p>Payments can be made directly into the Chisholm College Swimming Academy payment account. Perth College Swim BSB: 306-089 Acct: 2874328 Ref: [swimmer name] [ payment details]</p>
<p><b>Cash/Cheque Payment Option</b></p>	<p>If paying by cash or cheque please place in an envelope and mark with Swimmer's name and payment details. The envelope can be posted in the letter box at Perth College Swim office or mailed to: Perth College Swim Academy PO Box 25, Mount Lawley 6929</p>

# Chisholm Swim Academy

## Swim Squad Enrolment Form



**Chisholm**  
CATHOLIC COLLEGE



Swimmer's Name:					
Address:					
				P/C:	
Swimmers Phone		Home :		Mobile	
Swimmers Date of Birth		/ /			
Contact name: (Parent or Emergency)				Contact phone number: (Parent or Emergency)	
Swimmers Email:					
Parent/Emergency Contact Email Accounts will be sent to this one					
Are you a Chisholm College student?		Yes	No	Would you like to receive some information regarding Chisholm College?	
				Yes	No
Medical conditions: ( If no medical conditions please write NIL)					
Payment option: (please circle)		Annual - Biannual – Quarterly- Casual - (Monthly – <i>AdultFit only Option</i> )			
Squad					

Payment method (please tick):

- Electronic Funds Transfer(EFT) - Direct Debit** (You transfer funds to swimming account)  
Perth College Swim  
BSB: 306-089  
Acct Number: 2874328
- Cheque**  
Please make cheques payable to:  
**Perth College Swim**  
PO Box 25, Mt Lawley 6929
- Credit card** - Please complete the credit card payment form

TYPE OF CARD (please circle):		VISA	MASTERCARD
NUMBER on CARD:			
NAME on CARD:			
EXPIRY DATE:		Security No. on Back of Card	
AMOUNT:			
SIGNATURE OF CARDHOLDER:			

### Enrolment Declaration

I understand that no refunds will be made unless special circumstances prevail and that a 20% administration cost will be levied on any refund.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## Learn to Swim Program - 2019

**Chisholm Swim Academy** (In conjunction with the Perth College Swim Academy) is a community based after school swimming program that operates out of the on-site 25M indoor heated swimming pool in Bedford. The program is open to Chisholm/Perth College Students and members of the general public. It includes a comprehensive Learn to Swim program where group and private lessons are offered all year around. It provides the basis for water awareness, water confidence, basic stroke introduction and skill development

Classes are provided for the following stages:

Lessons	Stages 0 – 6
Junior Mini Squad	Stages 7 & 8
Mini Squad	Stages 9 +

### Location

Chisholm College Heated Indoor 25 Meter Swimming Pool.  
 (Corner of May Street and Beaufort Street, Mt Lawley)

### Private lesson details

- Lessons are 30 minutes each and will be one-on-one.
- Stage 0 & 1 is a compulsory one-on-one lesson.

### Group Lesson details

- All lessons (stage 2-6) will be groups with a maximum of 6 per class. Lessons are 35 minutes.
- Junior and Mini Squads will be larger groups of up to 12 per class. Sessions are 45 minutes.

### Course details

Each course consists of one lesson per week over a nine-week term.

- **Term 2** – Commencing Tue 6<sup>th</sup> May to Saturday 6<sup>th</sup> July (9 Weeks)
- **Term 3** - Commencing Tue 30<sup>th</sup> July to Saturday 28<sup>th</sup> September (9 Weeks)
- **Term 4** - Commencing Tue 15<sup>th</sup> Oct to Saturday 14<sup>th</sup> December (9 Weeks)

### Charges – Per Term

- Group Lessons **\$170 for 9 group lessons**
- Private Lessons **\$280 for 9 private lessons.**
- Junior Mini Squad **\$190 for 9 group sessions**
- Mini Squad **\$190 for 9 group sessions**

### Timetable

Monday	Private	4.00 - 4.30	4.30 - 5.00	5.05 - 5.35	5.35 - 6.05	
	Group	4.00 - 4.35	4.40 - 5.15	5.20 - 5.55		
	Jnr/Mini Squad	4.00 - 4.45	4.50 - 5.35			
Tuesday and Thursday	Private	5.15 - 5.45	5.50 - 6.20			
	Group	5.15 - 5.50	5.55 - 6.30			
	Jnr/Mini Squad	5.30 - 6.15				
Saturday	Private	8.30 - 9.00	9.00 - 9.30	9.35 - 10.05	10.05 - 10.35	10.40 - 11.10
	Group	8.30 - 9.05	9.10 - 9.45	9.50 - 10.25	10.30 - 11.05	
	Jnr/Mini Squad	8.45 - 9.30	9.35 - 10.20	10.25 - 11.10		

**Note** whilst every effort will be made to give you your first preference, depending on demand and availability not all stages will be offered at all time slots

# Chisholm Swim Academy

## Learn to Swim Enrolment Form - 2019



**Chisholm**  
CATHOLIC COLLEGE



**Part 1: Select series**  
(please circle)

<b>Term 1</b> Not Available	<b>Term 2</b> 6 May– 6 July 2019	<b>Term 3</b> 30 July – 28 Sept 2019	<b>Term 4</b> 15 Oct – 14 Dec 2019
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**Part 2: Lesson Day**  
(please circle)

<b>MONDAY</b>	<b>TUESDAY</b>	<b>THURSDAY</b>	<b>SATURDAY</b>
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**Part 3: Lesson structure**  
(please circle)

<b>GROUP</b>	<b>PRIVATE</b>
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**Part 4: Start time preference (please number your first two start time preferences)**

Monday Private Lesson					Monday Group Lesson				Monday Mini Squad		
4.00	4.30	5.05	5.35		4.00	4.40	5.20		4.00	4.50	
Tuesday/Thursday Private Lesson					Tuesday/Thursday Group Lesson				Tuesday/Thursday Mini Squad		
5.15	5.50				5.15	5.55			5.30		
Saturday Private Lesson					Saturday Group Lesson				Saturday Mini Squad		
8.30	9.00	9.35	10.05	10.40	8.30	9.10	9.50	10.30	8.45	9.35	10.25

**Part 5: Enrolment details**

ADDRESS											
SUBURB						POSTCODE					
PHONE (H):						PHONE (MOB):					
EMAIL											
EMERGENCY CONTACT NAME						PHONE					
SWIMMERS SURNAME			FIRST NAME			STAGE	MEDICAL INFORMATION				COST
											Total

**Payment method (please tick):**

- Direct debit**  
 Perth College Swim  
 BSB: 306-089  
 Acct Number: 2874328
- Cheque:** Please make payable to:  
 Perth College Swim  
 PO Box 25  
 Mt Lawley 6929
- Credit card**  
 Please complete form below

<b>TYPE OF CARD (please circle):</b>		<b>VISA</b>	<b>MASTERCARD</b>
<b>NUMBER on CARD:</b>			
<b>NAME on CARD:</b>			
<b>EXPIRY DATE:</b>		<b>Security No. on Back of Card</b>	
<b>AMOUNT:</b>			
<b>SIGNATURE OF CARDHOLDER:</b>			

**Enrolment Declaration**

I understand that no refunds will be made unless special circumstances prevail and that a 20% administration cost will be levied on any refund.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_