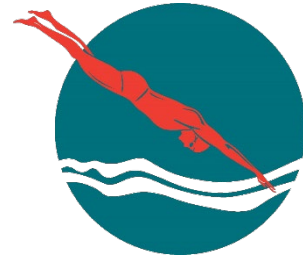


CHISHOLM SWIM ACADEMY DELIVERY



LEARN TO SWIM PROGRAMS

CHISHOLM COLLEGE FACILITY

Delivered: All year (minus Summer Holidays)

PROGRAM DELIVERY Ages: 3+ years of age

Under 5 Programs
5+ Programs
Mini Squad

SQUAD DEVELOPMENT PROGRAMS

CHISHOLM COLLEGE FACILITY

Delivered: All year

PROGRAM DELIVERY Ages: 7-18 years of age

Fundamental Squad
Development Squad
Advanced Squad

Squad Development Overview



Squad	Sessions	Description	Ability
Fundamental Squad (FUN)	Four sessions offered per week	<p>This squad program is aimed at junior athletes who have progressed from Learn to Swim and are interested in swimming in a squad environment with a view to improve swimming skills, fitness and to have fun.</p> <p>A core focus of this squad is an emphasis on stroke technique, learning drills and skill development within a friendly and encouraging environment.</p>	<p>To be eligible for this squad program, participants are required to have completed Mini Squad (or equivalent at another Learn to Swim school).</p> <p>Before joining this squad, participants must attend a try out and demonstrate a fundamental ability in freestyle, backstroke, breaststroke and butterfly.</p>
Development Squad (DEV)	Four sessions offered per week	<p>This squad program is the next step after Fundamentals, it is designed for primary and secondary school swimmers looking to improve their swimming skills, focusing on building on a strong foundation in competitive technique in all four strokes.</p>	<p>To be eligible for this squad program, participants are required to have participated in the Fundamental Squad or equivalent.</p> <p>They must be able to demonstrate the fundamentals in completing swim sets, reading a clock, and achieved the capacity to perform freestyle, backstroke, breaststroke, butterfly with a high standard of technique.</p>
Advanced Squad (ADV)	Four sessions offered per week	<p>This squad is designed for swimmers who want to maintain a high level of swimming technique whilst building endurance and speed with the possibility to peruse a competitive pathway.</p> <p>The program is also designed for swimmers who are interested in preparing for Swimming Carnivals, participate in aquatic sports (surf, swim, triathlon) and for open water events.</p>	<p>To be eligible for this squad programs participants are required to have participated in the Junior Development Squad or equivalent.</p> <p>Participants are required to show strong execution of all four strokes and training skills, whilst also being comfortable swimming for longer distances.</p>

Squad Development Training Schedule

2025 Training Period: Term 1 - 11 Week Program

Monday 3 February - Thursday 17 April – Including one week April Holiday Program (14 -17 April)



Chisholm College Facility	Session Duration	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fundamental Squad	1 hour	3:45-4:45PM Coach: Stella F.					8:30-9:30AM Coach: Erin/Flynn
Development Squad	1 hour 15 minutes		5:00-6:15PM Coach: Paola				Combined DEV + ADV 7:15-8:30AM Coach: Erin
Advanced Squad	1 hour 15 minutes		3:45-5:00PM Coach: Paola		3:45-5:00PM Coach: Paola		

*** No Squad Development training sessions will be delivered on Public Holidays (unless notified by PCSA Admin).**

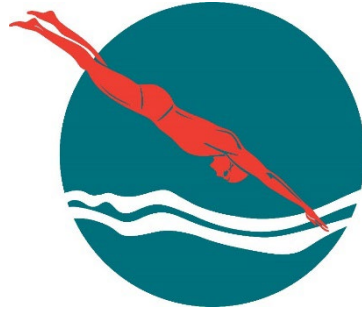
Squad Development Fees

Term Fee: Term 1 & April Holidays (11 Week Program)



Squad Fees Flat rate per quarter	Standard Member No affiliation to CC	Chisholm College Student	Chisholm College Sibling
Fundamental Squad	\$289	\$202	\$260
Development Squad	\$307	\$215	\$277
Advanced Squad	\$330	\$231	\$297

[Squad Development Enrolment Link](#)



CHISHOLM
SWIM ACADEMY

General Enquiries Squad Development Programs

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